



25th Annual  
Awards Banquet  
Honoring  
"Unsung Heroes"

August 10, 2019

Congregation Keneseth Israel  
Elkins Park, PA

[www.goldenheartgroup.org](http://www.goldenheartgroup.org)

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# Welcome

Dear Friends,

It is with much joy that I welcome you to the 25th annual Golden Heart Banquet for Unsung Heroes in the Community.

This year I dedicate the banquet to my friend Robert Mendelsohn who recently passed. He was a Philadelphia icon, beloved photographer and friend to so many. Also in loving memory of the late honorable Jon Fox who was always present at the Banquet and on the advisory board. Special mention to the late Lillian Daniels founder of Bread of Life and to WillieMae Brown, good friend and community activist.

It is also very important to me and my family to mention Michael Kennedy, a security guard and former police officer, from Cheltenham High. He saved my life several months ago when I unexpectedly was choking on my way to a meeting in the school. He has also been a major force in helping kids in need at the school. Much gratitude to you, Michael Kennedy!

It is an honor to recognize the very deserving award winners this year. No one was looking for the recognition but all were noticed going above and beyond the call of duty with beautiful hearts.

My youngest child, Julie Mallis, was commissioned to create a mural in Pittsburgh on a 1000 foot long street called, Strawberry Way. It is a vibrant social action project of beauty and purpose. This beautiful interactive mural poses some questions such as "Who is missing from your table?" Julie embodies the Golden Heart Award through this project and every day of their life.

The goal of this banquet is to recognize the love and service of people of various fields. Many I have personally caught in the acts of compassion and kindness. May we all strive to follow these wonderful examples.

*Mother Theresa: "It is not how much we give but how much love we put into giving."*

A handwritten signature in black ink that reads "Dr. Jana Millman - Mallis". The signature is written in a cursive, flowing style.

Dr. Jana Millman Mallis  
Founder and President  
The Golden Heart Group

# **25th Annual Golden Heart Award Banquet**

## **Program**

*Bagpipe Procession*

*Pledge of Allegiance*

*The Star Spangled Banner*

*Welcome*

*Dr. Jana Mallis*

*Invocation*

*Dinner*

*Musical Presentation*

*Paul "Big Bear" Swanger*

*Award Presentations*

*Dance Music*

*Bruce Fagan*



## **A Special Thank-You!**

**Assistant to Dr. Mallis:** Zeldia DiPentima

**Catering:** MSY Catering

**Photography:** Sergio Herrera

**Printing/Website:** Bruce Fagan

**Banquet Volunteers:**

Jason & Liz Colflesh, Suzanne Garofalo,  
Peggy Palmer, Grace Piana, Karen Pearlstein,  
Silveria Rodriguez, Mark Yacker

# 25th Annual Golden Heart Award Banquet

## Honorees

Rabbi Sandra Berliner

Michael Kennedy

Carol Boring

Lauren Foglia McCaffrey

Gina Brown

Tamara Monroe

Rebecca Clift

Diana Pax

Maurice Antoine  
"Tony" Davis

Grace Piana

Karen Pinkham

Cathy Fuller

Jason Roe

Suzanne Garafalo

Eddie Sabec

Danielle Gleason

Andrea Schapire

Susan Grimes

Mel Silverman

Jeannette Hood

Annie Thomas

Sue Jacobs

Howard Traivers

Sandra Lynn Jenkins

Patricia Wiggins

Lindsay Johnston

Essence Williams

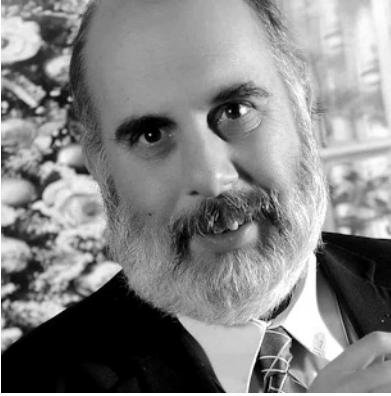
*Ask* Dr. Jana

Follow Dr. Jana Mallis on YouTube.com:

**<https://tinyurl.com/y29cos95>**

or search for "Ask Dr. Jana" on YouTube.com

# In Memoriam: Robert Mendelsohn



by Ayana Jones,  
Philadelphia Tribune Staff Writer

On Wednesday, hundreds of community members, politicians, journalists and photographers packed Goldsteins' Rosenberg's Raphel-Sacks Funeral Home in West Oak Lane to celebrate his life and legacy.

Mendelsohn, 61, died of heart disease. He was referred to as the "Gordon Parks" of Philadelphia and has been widely celebrated for covering Black social events throughout the city. From backyard cookouts to upper-echelon soirées, he covered these events for various publications including The Philadelphia Tribune, The New Observer, The Philadelphia Sunday Sun and Scoop USA.

"He was a force of love and service to the community," Chaplain Jana Mallis said as she delivered his eulogy.

"He loved the people he served by taking their pictures and capturing many

great moments. He was a humble, yet very accomplished photographer. He carved out a niche for himself, which will be very hard to replace. He served all, regardless of any payment."

"He is a role model for all aspiring photographers and journalists," Mallis continued.

"He never considered payment as his only motivation for any job. He did not have much, but he gave everything that he had."

Mendelsohn started photographing society events after a chance encounter at a 1995 National Association of Black Journalists (NABJ) event in Philadelphia featuring a keynote address by the late renowned Defense Attorney Johnnie Cochran.

The crowd who gathered at Goldstein's funeral home laughed together as Andrea Lawful-Sanders recounted how Mendelsohn sneaked into the NABJ event because he wanted to take a picture of the celebrated attorney.

That encounter led to Mendelsohn being hired by the Sunday Sun. He was subsequently brought on as a freelancer by other African-American publications.

"He was the 'people's photographer' as we called him," said Catherine Hicks, co-publisher of the Sunday Sun.

"He is loved by so many. He has shown Philadelphia through his lens and his beautiful pictures."

# Pittsburgh's Strawberry Way Gets New Street Mural

by Lisa Cunningham

reprinted from Pittsburgh City Paper Blogh

CP photos by Annie Brewer

Strawberry Way, a Downtown alley that stretches from Liberty Avenue to Grant Street, was selected the "Best Street Transformation, People's Choice" last year by national transit and urban planning news site Streetsblog USA.

Part of that was due to a street mural painted underfoot in 2016 by Deanna Mance. Her abstract and colorful mural was a backdrop for many selfies over the past few years, but the artwork — recently faded — was always meant to be temporary.

Pittsburgh artist Julie Mallis, creative director at BOOM Concepts and program manager for Bike PGH, began work this week on a new mural in the same location.



Fruit will stretch across the mural in the negative space. Mallis intentionally chose fruit local to Pittsburgh, introduced across the alleyway in the order they come into season: strawberries, cherries, peaches, watermelon, grapes, apples and pears.

Jump from fruit to fruit and count how many fruit you get without touching the purple paint as you play the game.



Mallis also wants the mural to be an educational experience. Questions are included throughout the mural to make people think beyond what's on the surface. "Who gets to eat the most fruit?" has double meaning. Mallis says that's how you win the game, but it's also a question of power and resources. Mallis wants you to ask: "Who are the people who get us our fruit and what is happening to those people? Who are the people who get to eat the most fruit?"

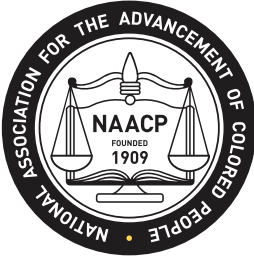
**Pittsburgh City Paper Blogh:**

<https://tinyurl.com/y6rtxrck>

**BikePgh Video:**

<https://tinyurl.com/y4v2rqwv>





# NAACP

## Willow Grove Branch

*Join us for*

### **Unity Day**

**Sat., September 14, 2019**

10:00AM - 4:00PM

### **Crestmont Park**

(Old Welsh Rd. by Willow Grove Mall)

**For Information Contact:**

**Valerie Ward, President**

**215-659-0509**

### **Freedom Fund Banquet**

**Sun., October 20, 2019**

3:30PM

### **North Hills Country Club**

(99 Station Avenue, Glenside, PA 19038)

**For Information Contact:**

**Dr. Jana Mallis, Banquet Chair**

**215-284-3646**

## **The Golden Heart Group**

### **We Welcome New Members!**

The group meets two Fridays a month, 7PM at various locations for guided visualization/meditation, stress management, interfaith prayer and a potluck dinner. There is no admission charge.

**For more information contact:**

**Dr. Jana Mallis: 215-284-3646 or [janamallis@aol.com](mailto:janamallis@aol.com)**

### **Do YOU Know An "Unsung Hero?"**

*We welcome recommendations for future awards.*

*Please fill-out our online nomination form at our website:*

**[www.goldenheartgroup.org](http://www.goldenheartgroup.org)**

or contact Dr. Jana Mallis 215-284-3646 | [janamallis@aol.com](mailto:janamallis@aol.com)